

Temporary Delivery Due to the COVID19 Pandemic

H879 - Fitness and Health Promotion								
					Delivery			
	AAL	Course Code	Course Title	Course Weight	In-person	Hybrid	Online	Clinical
Winter 2021								
1	2	FHT202	Physical Activity In Special Popula	3			x	
2	2	FHT204	Foundations Of Exercise Prog. Desig	4			x	
3	2	FHT205	Fitness Business Essentials	3			x	
4	2	FHT206	Professional Practice	6				x
5	2	FHT207	Fitness Assessment I	3		x		
6	2	ELEC1030	Elective	3			x	
7	4	FHP402	Adapted Fitness Programming	3			x	
8	4	FHP403	Awareness Through Exercise II	4			x	
9	4	FHP405	Field Placement	16				x
10	4	FHP406	Fitness Assessment II	4		x		

* Hybrid is a combination of online and face to face delivery