



## SMART START – WINDSOR BSCN – YEAR 2

Dear Nursing Students,

Congratulations, after a lot of hard work you are officially a second-year Nursing Student!

On behalf of the faculty and staff of St. Clair College School of Nursing, we welcome you back. The second year of the Nursing Program is an exciting time full of new challenges and opportunities to develop as caring, effective, efficient, critical thinking professionals. We look forward to working with you towards the achievement of your professional and personal goals.

Attached is information and instructions to help you navigate the influx of information you will receive in preparation for the 2021-2022 academic year. Please see the [St Clair College Student Hub](#) for lots of helpful information about getting started at the College. I also encourage you to review the [Nursing BScN Program](#) website for more specific program information.

Every nursing student needs to meet clinical clearance requirements to attend the clinical placement sites. Your clinical clearance information is posted on the St. Clair College [Nursing BScN Program](#) website under the "Admissions" tab. For the second year of your program, you will not need to renew your First Aid training, however, your Vulnerable Sector Police Check and CPR with BLS requires annual renewal, while your N95 mask fit is good for 2 years. All of this information can also be found on the [Clinical Placement Requirements](#) website under the "Nursing BScN (H850/K950)" link. It's vital that you review these requirements as early as possible to ensure your requirements are met well in advance of your first clinical placement.

I wish to take this opportunity to extend my personal wishes for your continued success as you prepare for a rewarding career in your chosen Nursing field.

Have a wonderful summer.

Sincerely,

A handwritten signature in black ink that reads "Linda Watson".

Linda Watson  
Chair, School of Nursing St. Clair College  
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# COLLABORATIVE NURSING PROGRAM

## VALUES AND PHILOSOPHY

The faculty of the Collaborative Nursing Program are committed to developing high quality professionals to meet the health care needs of our community. Facilitating quality learning through knowledge attainment and skill development is our priority. This excellence is accomplished by having a supportive team who put student learning needs first. Teaching is supported by the College of Nurses of Ontario (CNO) Practice Standards, including concepts of professionalism, safety, communication and use of the nursing process.

## GETTING STARTED

**Due to the COVID-19 virus the determination regarding in-person classes or virtual online classes will be decided later this summer. An announcement will go out to all students as soon as the decision has been made. All nursing labs and clinical will be in person.**

## IMPORTANT DATES:

- **Classes begin** September 7, 2021
- **Fall Reading Week** – Week of October 11<sup>th</sup>, 2021
- **Winter Reading Week** – Week of February 21<sup>st</sup>, 2022
- **Consolidation** – 2 weeks at the beginning of May, dates TBA

## MEDICAL AND NONMEDICAL REQUIREMENTS FOR CLINICAL PLACEMENT

Clinical clearance is required before any student can attend the clinical setting. There are medical and non-medical requirements that must be met. Please refer to the [Clinical Placement Requirements](#) website under the “Nursing BScN (H850/K950)” link for detailed information. Your requirements will be clearly explained there as well as the process to electronically submit your documents for clearance.

Many of our clinical placement sites are requiring students to have their first COVID vaccine, as a minimum, to be eligible to attend clinical placement. Please note that COVID vaccination status will become a part of the clinical placement clearance requirements for fall 2021. A COVID vaccination is not a requirement to attend St. Clair College, however a vaccination may be required prior to attending clinical placement. This additional requirement will be added to the list of current vaccinations required on the Medical form for clearance. Students without their vaccinations cannot be guaranteed a clinical placement for their program and therefore will not be able to complete their programs.

The Health Centre at St. Clair College can provide the physical exam and all other vaccinations except for the COVID vaccine. To obtain the COVID vaccination, Students must arrange an appointment through Public Health, a participating pharmacy, or their health care provider.

If you have any questions, please contact our St. Clair College Health Centre at **519-972-2727 ext. 4484 (in Windsor)** or **519-354-9100 ext. 3729 (in Chatham)**.

CPR with BLS and N95 Mask fitting can be completed through any external organization that offers them. CPR cannot be completed entirely online. The practice and assessments for the course must be in person. If you are looking for a one stop shop for all of these, **Second Chance** at <https://www.sccpr.com/> can help.



## PROGRAM OVERVIEW

Please see the program overview information which is available on this website link: <https://www.stclaircollege.ca/programs/nursing-bscn>. The overview has a link to show you all the courses you must take to complete the BScN program.

### TEXTBOOKS

Required textbooks can be found in the Campus Book Store under their course codes (see below). Should restrictions still be in place because of COVID-19, all course materials will be available online through the Book Store website and curb side pickup will be available. All books are searchable by the course code of the required textbook.

Here is the link to the Windsor bookstore site: [www.stclairwindsorshop.ca](http://www.stclairwindsorshop.ca)

### Third Semester Courses:

NURS 2130 Professional Nursing 3  
NURS 2420 Holistic Health Assessment 2  
NURS 2522 Clinical Practicum 2  
NURS 2531 Experiential Learning Lab 3  
NURS 2810 Adult Health and Health Alterations 1  
NURS 2320 Pharmacology and Medication Management 2  
PSYC 3390 Health Psychology

### Orientation to 2<sup>nd</sup> Year Collaborative Clinical and Labs

This will provide you with an overview of the expectations for clinical and labs as well as an overview of the year ahead in the Collaborative Nursing Program at St. Clair College.

**Fall semester:** you will attend clinical practicum (NURS2522) one day a week (8 hours) and experiential learning lab (NURS2531) once a week (3 hours). Your clinical will take place on a medical/surgical floor in the hospital. You will either be placed at Windsor Regional Hospital (Metropolitan or Ouellette campus) or HDGH (Prince Rd. location).

**Winter semester:** you will attend clinical practicum (NURS2522) one day a week (8 hours) and experiential learning lab (NURS2531) once a week (3 hours). Your clinical will take place on a medical/surgical floor in the hospital. You will either be placed at Windsor Regional Hospital (Metropolitan or Ouellette campus) or HDGH (Prince Rd. location). Your clinical may be either an OB, mental health or medical surgical placement, or a combination of these.

All students are expected to be available for days (0600-1500) and afternoon shifts (1400-2300) for clinical. These are approximate times. Clinical days will be either Monday, Wednesday or Friday.

**Spring semester:** you will attend a comprehensive consolidation in the hospital. This rotation (NURS2622) will enable you to consolidate your skills and knowledge for a 2-week period in the hospital, in an acute care setting (medical/surgical). Students are expected to be available for all dates during the month of May, including weekends. Please do not plan vacations for this time. The time period and dates may change based on COVID-19. We will keep you informed in the winter semester.

All students are expected to be available for days (0600-1500) and afternoon shifts (1400-2300) during the week and on weekends. Students are strongly encouraged NOT to work during this consolidation experience.

\*Please note: the schedule on the student self-service (SIS) is subject to change as our enrollment numbers stabilize in August. As we balance out numbers in the clinical groups you will be notified of any scheduling changes.

Blackboard: Due to batch enrollments on Blackboard our clinical course NURS2522 will not be available until sometime in August.

### IMPORTANT INFORMATION

- To access your Blackboard courses please go to the [St. Clair College Student Hub](#) and review how to "[Complete the Student Responsibilities and Academic Integrity acknowledgements](#)". Students will not have access to their course Blackboard sites until the acknowledgements are completed.
- The Cerner Learning Journey (2hours) must be completed on an annual basis. The link for training will be sent to you via your college email by the end of August. Please check your email regularly through the month of August for updates and follow the instructions.
- Cobis/Glucometer training will be available on the Blackboard NURS2522 course site beginning August 23<sup>rd</sup> to September 3<sup>rd</sup>.
- Windsor Regional Hospital and HDGH Orientation – E Learn Modules and the Pyxis Module will be accessible under the CNCR-16F tab on Blackboard.
- All students are required to complete all 7 E Learn Modules, the Pyxis Module and the Cerner Learning Journey by September 7<sup>TH</sup>, 2021. These modules are required by the hospitals, failure to complete them will result in a student being prevented from attending the clinical site.
- **The first day of classes:** Tuesday, September 7th, 2021. Please access each course separately on Blackboard to see when your class for the course begins. Not every course has class the week of September 7<sup>th</sup>.
- Clinical schedules will vary depending on the clinical section. The clinical dates are provided below:
  - For those clinical groups on **Mondays** – the first clinical day will be Monday, Sept. 13th
  - For those clinical groups on **Wednesdays** - the first clinical day will be Wednesday, Sept 15th
  - For those clinical groups on **Fridays** - the first clinical day will be Friday, Sept 17th.

There will be 12 clinical days this semester. One clinical day per week. **You will not attend clinical the week of Reading Week (October 11<sup>th</sup> – 15<sup>th</sup>)**

## **NURS2522 Clinical – Medical/Surgical Experience (8 hour day on your schedule)**

- You will attend a clinical experience one day a week for 8 hours. This clinical experience may be a day shift (0600 to 1500) or an afternoon shift (1330 to 2200) \*Note: times may change depending on clinical instructor and/or clinical situation. Your clinical day may be extended due to patient care situations. All students in a clinical group leave the building at the same time. Please do not arrange for rides for “exactly 3 pm”. It is best to arrange for a ride once your clinical day is over.
- During this experience, students will be caring for clients with acute and chronic health conditions in hospital. Clinical groups are comprised of approximately 8 students with one instructor.
- Your clinical day will be Monday, Wednesday, or Friday. **We cannot accept requests for specific days for clinical nor specific groups or clinical placements.**

**Clothing/Uniform** –The Collaborative BScN program has a standard uniform (scrubs) for nursing students. The uniform consists of a navy blue short-sleeve scrub top with “BScN Student” embroidered in white on the sleeve, and a navy-blue pant. Navy blue skirt options (including floor-length that may be worn for religious/cultural purposes) are also acceptable. Any shirts worn under the uniform or head coverings worn for religious/cultural purposes must be white, navy blue or black to match the uniform. **However, if wearing long sleeves, they must be raised above the elbow during direct client care for infection control purposes.** Head coverings must be plain and unadorned for infection control purposes. Disposable head coverings over or instead of hijab may be required in certain areas (e.g., Operating Room). Students may only wear the approved University of Windsor lab coat/clinical jacket when in client care areas. Lab coats/clinical jackets must be removed when providing direct care to patients. Lab coats must not be worn outside of the clinical area.

**Shoes** - closed, non-slip duty or athletic shoes required, with no mesh openings to allow penetration of fluids. Clogs, “Crocs”, or plastic slip-on shoes are **not** acceptable due to health and safety concerns, including ankle injuries, trips and falls, spillage, and/or build-up of static electricity that interrupts electronic devices. Students may be required to carry an extra set of shoes to be worn on home visits. No flip-flops. Safety boots may be required in some placement agencies. Shoes must be kept clean.

- **Equipment:** Students are expected to bring with them each clinical day a stethoscope, 3 black pens, penlight, bandage scissors and a small pad of paper which will fit into your uniform pocket. Ensure you wear a watch with a second hand every clinical shift.
- **Clinical Preparation:** After receiving information on your patient at the hospital (from your clinical instructor), you will be required to complete a clinical worksheet for your clinical shift the next day. This weekly assignment may take anywhere from approximately 2-4 hours to complete. Students are expected to have a completed worksheet to provide safe patient care. Incomplete worksheets represent a safety issue in the clinical setting.

## First Week of Clinical

- You will be expected to wear your clinical uniform and clinical shoes, ID badge and stethoscope.
- Ask questions!!! It is imperative that if you need clarification, you ask your instructor. You are now engaged in caring for vulnerable people, be sure to ask before you act. If you are thinking about the question, you can be sure other people in your clinical group will be as well.
- Look at the assignments posted on Blackboard for the course – become familiar with them prior to meeting your instructor that day so that you can ask questions or clarify the expectations. Bring copies of the CET, reflective journal etc.
- Your scheduled lab day and times according to your schedule will begin the week of September 13<sup>th</sup>

## Communication

- Email communication is the preferred method of contacting faculty. Faculty email addresses can be found on the main SCC website  
[http://www.stclaircollege.ca/programs/postsec/nursing/nursing\\_faculty\\_contact\\_windsor.html](http://www.stclaircollege.ca/programs/postsec/nursing/nursing_faculty_contact_windsor.html)
- Faculty return to the college on Monday, August 30<sup>th</sup>. If you have any questions or concerns over the summer, please contact Linda Watson, Chair School of Nursing at [lwatson@stclaircollege.ca](mailto:lwatson@stclaircollege.ca)
- Instructors and faculty are permitted to answer emails received from students using their St. Clair College email address only. **We are not permitted to respond to students who use personal email addresses.**
- If you are having difficulty accessing your blackboard account (after you have successfully completed your acknowledgements on the SIS) or email, please contact the IT department at ext. 2500
- Blackboard courses are generally activated a week prior to the start of the semester. Please ensure you are checking regularly.
- **It is your responsibility to know when all tests/exams and assignments are due. Make sure you read your Course Outlines carefully, so you do not miss any important information.**

## Experiential Learning Lab – NURS2531

- A mandatory 3-hour lab experience directly related to your clinical experience is scheduled each week. A new skill is taught every week. It is imperative that you keep up on your required lab readings and do not fall behind.
- Lab quiz dates will be posted in the syllabus. Achieving less than 60% on the lab quiz, students are required to complete a written remediation assignment which takes approximately 2-3 hours. These assignments must be completed within 1 week and may not be taken home to be completed.

- New skills are taught and demonstrated each week in lab. Students will have the opportunity to schedule time in the lab to practice each week with the lab technologists in order to gain experience and confidence with their new skill for the week.
- Once a skill has been taught in lab, it is expected that the student will perform the skill in a safe, competent, and knowledgeable manner in the hospital with patients/clients. When you are with a patient/client in the clinical setting, is not the time to practice. Practicing should take place in the lab in a controlled, safe environment.
- Our Lab Technologists will be available to assist you in the lab. Peer Tutors may assist you with documentation, skills, theory courses or in any other area you are experiencing difficulty. There is no charge for the peer tutoring service. Just stop by the desk in the nursing lab on the 2<sup>nd</sup> floor of the Center for Applied Health Sciences to arrange an appointment.
- Review your basic assessment skills prior to the start of the clinical/lab orientation (week of September 7th), especially blood pressure measurement, pulse, etc. 😊 **The nursing lab is open throughout the summer if you wish to make an appointment to practice before September. This may change due to COVID-19 so calling first is important.**
- As part of your lab fee, students will receive a lab kit in September that will include most of the necessary supplies for your labs for the academic year. Should students wish to purchase extra supplies for practice, they may do so from Motion Specialties on Tecumseh Road East (bring your SCC ID badge for a discount).
- Students will be required to complete Skills Testing during NURS2522 (Details will be available in September).

### **Medication Administration Tests and Theory Tests**

The medication and theory tests may occur within the scheduled class time or outside the scheduled class time. The individual Professors of the course will provide you with a syllabus that will include test dates/times and locations.

### **Medication Administration Tests**

- Each semester, you will have a minimum of 2 math tests. To pass the test, you will need to achieve 100% on all sections of the test. The math tests are mandatory and must be written on the date/time that is posted in the Course outline.
- If a student does not achieve 100% by the third attempt, the student will continue to be remediated until they receive 100%.
- **Students are not permitted to give medications in the clinical area until 100% is achieved on the medication test.** In order to pass clinical, the student must demonstrate safe medication administration, therefore repeated attempts at passing the math test may put you in jeopardy of not meeting the clinical competency to receive a passing grade for NURS2522.



- Non-programmable calculators are permitted. You are not permitted to use a cellphone or to share a calculator with another student.
- Medication Administration Tests will be scheduled outside of your regular clinical and lab times. You will be notified of the dates and times in September. Information will be posted on the BB NURS2531 and NURS2522 sites.
- Mandatory remediation will be required for students who are unsuccessful on the medication administration test. Dates and times will be posted.
- Please use the Mulholland textbook for the practice questions which will prepare you for the dosage calculations portion of the math test.
- Medication tests for NURS2522 will incorporate medication calculations as well as abbreviations and conversions. Sample questions are included in this booklet.

### **Preparing for Medication Administration Tests**

Your Medication Administration Tests will consist of 3 sections:

- Abbreviations
- Conversions
- Dosage Calculations

**You must achieve 100% in all sections** before you are permitted to give medications in the hospital.

The following information and practice exercises will help you to be successful on the medication tests

### **Abbreviations**

Below are the **APPROVED** abbreviations for medication administration tests. **DO NOT** memorize the abbreviations used in the math text by Mulholland – they are not approved by our hospitals. You will need to memorize the entire list for your first Medication Administration Test which will take place the week of September 9<sup>th</sup>.

<b>Abbreviation</b>	<b>Meaning</b>	<b>Abbreviation</b>	<b>Meaning</b>
ac	Before meals	oz	Ounce
am	Morning or before noon	pc	After meals or food
bid	Twice a day	pm	Afternoon or evening
cap	Capsule	PO or po	Orally or by mouth
CR	Controlled release	PR or pr	Per rectum
DS	Double strength	PRN or prn	As needed or when necessary
elix	Elixir	q	Every
EC	Enteric coated	qam	Every morning
g	Gram	qh	Every hour
gtt	Drop	q2h	Every 2 hours
h	Hour	q3h	Every 3 hours
hs	At bedtime, hour of sleep	q4h	Every 4 hours
IM	Intramuscular	q6h	Every 6 hours
IV	Intravenous	q8h	Every 8 hours
IVPB	Intravenous piggyback	q12h	Every 12 hours
kg	Kilogram	QID or qid	Four times per day
L	Litre	SL	Sublingual
LA	Long acting	SR	Slow release
lb(s)	Pound(s)	supp	Suppository
mEq	Milliequivalent	susp	Suspension
mcg	Microgram	SC ,SQ or subcut	Subcutaneous
MDI	Metered dose inhaler	STAT	Immediately or at once
mg	Milligram	tab	Tablet
mL	Millilitre	tbsp	tablespoon
NEB	Nebulizer	TID or tid	Three times per day
NKA	No known allergies	TKVO	To keep the vein open
NKDA	No known drug allergies	tsp	Teaspoon
NPO	Nothing by mouth	ung	ointment

See the link for “Do not use” abbreviations: <https://www.ismp-canada.org/download/ISMPCanadaListOfDangerousAbbreviations.pdf>

**Conversions:** The following conversions will need to be memorized for your medication administration tests.  
**\*\*NOTE:** There are several additional conversions listed in your math text – you do not need to know how to convert temperature, drams, grains, etc.

Volume:

1 mL = 1 cc  
5 mL = 1 tsp  
15 mL = 1 tbsp = 3 tsp  
30 mL = 1 oz = 2 tbsp  
1000 mL = 1 L

Weight:

1 mg = 1000 mcg  
1 gm = 1000 mg  
1 kg = 1000 g  
1 kg = 2.2 lbs

Practice Conversion Questions:

3 tsp = \_\_\_\_\_ tbsp.

24 cc = \_\_\_\_\_ mL

34 g = \_\_\_\_\_ mg

414 mcg = \_\_\_\_\_ mg

30 cc = \_\_\_\_\_ tsp

0.23 g = \_\_\_\_\_ mg

422 mL = \_\_\_\_\_ litres

1 ounce = \_\_\_\_\_ tsp

3 tablespoons = \_\_\_\_\_ oz.

2 kg = \_\_\_\_\_ lbs.

33 lbs. = \_\_\_\_\_ kg

45 mL = \_\_\_\_\_ oz.

**\*Answers are at the end of the document**

## Principles of Rounding

1. If you need to have a final answer of 2 decimal places, then you need to calculate to 3 decimal places – therefore, always calculate 1 place past your final answer, i.e. if the final answer needs to be 1 decimal place then calculate to 2 decimal places.
2. The number past your final answer decides how you will round, i.e. calculate to 3 places and round to 2 places.

E.g.

8.964 (calculated to 3 decimal places)

The “4” is the number that will decide how we round.

**Rule #1** – if the number is less than 5 drop it completely

In 8.964, 4 is less than 5, so we drop it and our final answer is 8.96

**Rule #2** – if the number is equal to 5 or greater than 5 then we round up

In 2.365, the 5 is dropped and the 6 is changed to 7 therefore the final answer is rounded up to 2.37

### **\*NOTE:**

- When writing an answer that begins with a decimal e.g. **.233**, you MUST ALWAYS place a “0” before the decimal. It should be written as **0.233**. **Answers on math tests will be marked incorrect if the zero is missing.** In a medication administration writing .233 might result in someone missing the decimal and giving 1000 times the dose!
- Medication administration test answers cannot contain a “trailing” zero. This means that if you calculate to 2 decimal places and your final answer on your calculator is 1.50 – your final answer must be written down as 1.5. You cannot have extra zeros to the right of your final number – these are referred to as “trailing zeros” and are responsible for numerous medication errors. **The Institute for Safe Medication Practice (ISMP) does not allow “trailing zeros” – remember this for your tests.**

### PRACTICE ROUNDING QUESTIONS

Round to 2 decimal places

1. 9.402
2. 0.459
3. 17.999
4. 3.210
5. 61.666
6. 3.007

Round to 1 decimal place

1. 1.32
2. 81.55
3. 0.98
4. 4.50
5. 6.05
6. 88.22

## ANSWERS FOR PRACTICE QUESTIONS

### Practice Conversion Questions:

$$3 \text{ tsp} = 1 \text{ tbsp.}$$

$$24 \text{ cc} = 24 \text{ mL}$$

$$34 \text{ g} = 34,000 \text{ mg}$$

$$414 \text{ mcg} = 0.414 \text{ mg}$$

$$30 \text{ cc} = 6 \text{ tsp}$$

$$0.23 \text{ g} = 230 \text{ mg}$$

$$422 \text{ mL} = 0.422 \text{ L}$$

$$1 \text{ ounce} = 6 \text{ tsp}$$

$$3 \text{ tablespoons} = 1.5 \text{ oz.}$$

$$2 \text{ kg} = 4.4 \text{ lbs.}$$

$$33 \text{ lbs} = 15 \text{ kg}$$

$$45 \text{ mL} = 1.5 \text{ oz}$$

### Rounding:

Round to 2 decimal places

1.  $9.402 = 9.40 = 9.4$  as final answer (no trailing zeros)
2.  $0.459 = 0.46$
3.  $17.999 = 18.00 = 18$  as final answer (no trailing zeros)
4.  $3.210 = 3.21$
5.  $61.666 = 61.67$
6.  $3.007 = 3.01$

Round to 1 decimal place

1.  $1.32 = 1.3$
2.  $81.55 = 81.6$
3.  $0.98 = 1.0 = 1$  as final answer (no trailing zeros)
4.  $4.50 = 4.5$
5.  $6.05 = 6.1$
6.  $88.22 = 88.2$

*The following is a focused head to toe assessment. You should be able to conduct this on all of your patients/clients.*

### **Focused Head-to-Toe Assessment**

**Remember to talk to the patient during the assessment and vitals – you can gather a lot of information regarding:**

**Sleeping** – “How did you sleep last night?” “Did you sleep through the night?”

**Appetite** – “How was supper last night? Are you hungry for breakfast?”

**Neurological status** – “Those are very pretty flowers. Who are they from? Is this a family member with you?”

**Pain level** – “Are you experiencing any pain or discomfort?” \*Remember to gather data re: location, rating 0/10, whether pain meds are working for the pain, what makes it better/worse, is the pain different than before?

**GI/GU** – “When was the last time your bowels moved?” “Is this normal for you?” “When is the last time you urinated?” You may use the word “pee” if you feel it’s appropriate.

**Mobility** - “Were you up and walking around last evening?” “Any difficulties when you move around?” “Are you able to get up without assistance” or “Did someone help you to get up and walk”

**Psychological status** – pick up on pictures, cards, flowers, things the patient states such as “I can’t wait to get out of here. My wife visits every day. I haven’t seen my kids since I’ve been here.”

**Assess the following if applicable to your patient and visually check each time you enter the patient’s room.**

- IV site – **LOOK** - Is it red, swollen, leaking? Is the IV solution dripping and is it at the correct rate? Check the Drs. orders and the pump.
- Is the correct IV solution hanging?
- Is the oxygen on patient – correct # of litres/min. Is it turned on? Is it in their nare?
- Check to make sure the foley isn’t kinked – Is it draining? – Note the colour of urine
- Drains – Note the colour and amount of fluid
- Ensure the urinal is in the patients reach and **NOT ON THE OVERBED TABLE.**
- NG tube – Check the order to see if it is supposed to be to suction or just dependent drainage. Note the amount and colour of drainage
- Make certain the call bell is in the patient’s reach
- Ensure the side rails are up

**On EVERY patient (minimum assessment)**

- A & O x 3
- PERRLA- remember the size of the pupils
- Are they moving all extremities?
- Do they obey verbal commands?
- Check anterior lung sounds
- Apical pulse- rate: regular/irregular, murmurs, S1S2, 4 heart valves
- Posterior lung sounds
- Effort of breathing
- Incentive spirometer at bedside? Pt. using it effectively?
- Bowel sounds x 4 quadrants (RLQ-ileocecal valve)
- Inspection (abdomen) – round, distended
- Palpation (abdomen) – firm, soft
- Capillary refill (fingers)
- Pedal pulses
- Capillary refill (toes)
- Pedal edema
- Homan's Sign
- Remove TED stockings to assess skin
- Wound Assessment- dressing D&I? drainage? Tape in place?
- Skin- warm, dry, cool, diaphoretic, rashes, lesions

Have a safe and wonderful summer!