

# ***Mental Health Counselling***

**Appointments Available: Monday,  
Tuesday, Thursday, & Friday between  
8:00am-4:00pm**

*Book an appointment at the Campus Health  
Centre (Room 164) or call 519-972-2727 Ext.4484*



**Canadian Mental  
Health Association**  
*Mental health for all*



**ST. CLAIR**  
COLLEGE