



**ST. CLAIR**

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**C O L L E G E**

**Orientation Package  
2nd Year Collaborative Nursing Program  
St. Clair College**

**FALL 2020**

Dear nursing students,

**Congratulations! You are officially a second year nursing student.**

On behalf of the faculty and staff of St. Clair College School of Nursing, we welcome you back for another year of learning. The second year nursing program is an exciting time full of new challenges and opportunities to develop as critical thinking clinicians. We look forward to working with you towards the achievement of your professional and personal goals.

Attached is information and instructions to help you prepare for September 2020. Please see the St. Clair College Website, Nursing-BScN to assist in navigating the influx of information you will need in order to be prepared for the 2020-2021 year. You will also find information about booking your clinical clearance. Look at the link for “Second Year and Returning Students”  
<https://www.stclaircollege.ca/programs/nursing-bscn>

Information will also be posted on blackboard. **Continue to check your email and BlackBoard throughout the summer for updates and changes.**

I wish to take this opportunity to extend my personal wishes for your continued success as you prepare for a rewarding career in your chosen Nursing field.

Have a wonderful summer.

Sincerely,

Linda Watson  
Chair, School of Nursing  
St. Clair College  
519-972-2727 EX. 3233

## VALUES AND PHILOSOPHY

The faculty of the Collaborative Nursing Program are committed to developing high quality professionals to meet the health care needs of our community. Facilitating quality learning through knowledge attainment and skill development is our priority. This excellence is accomplished by having a supportive team who put student-learning needs first. Teaching is supported by the College of Nurses of Ontario (CNO) Practice Standards, including concepts of professionalism, safety, communication and use of the nursing process.

### Third Semester Courses:

NURS 2130 Professional Nursing 3  
NURS 2420 Holistic Health Assessment 2  
NURS 2522 Clinical Practicum 2  
NURS 2531 Experiential Learning Lab 3  
NURS 2810 Adult Health and Health Alterations 1  
NURS 2320 Pharmacology and Medication Management 2  
PSYC 3390 Health Psychology

### Orientation to 2<sup>nd</sup> Year Collaborative Clinical and Labs

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This package will give you an overview of the expectations for clinical and labs as well as an overview of the year ahead in the Collaborative Nursing Program at St. Clair College.

**Fall semester:** you will attend clinical practicum (NURS2522) one day a week (8 hours) and experiential learning lab (NURS2531) once a week (3 hours). Your clinical will take place on a medical/surgical floor in the hospital. You will either be placed at Windsor Regional Hospital (Metropolitan or Ouellette campus) or HDGH (Prince Rd. location). **This may change based on COVID-19. WE WILL KEEP YOU POSTED.**

**Winter semester:** you will attend clinical practicum (NURS2522) one day a week (8 hours) and experiential learning lab (NURS2531) once a week (3 hours). Your clinical will take place on a medical/surgical floor in the hospital. You will either be placed at Windsor Regional Hospital (Metropolitan or Ouellette campus) or HDGH (Prince Rd. location). **This may change based on COVID-19. WE WILL KEEP YOU POSTED.**

- Your clinical may be either An OB, mental health or medical surgical placement, or a combination of these.
- All students are expected to be available for days (0600-1500), afternoon shifts (1400-2300) and possible midnight shifts(1100-0700) for clinical. These are approximate times. Clinical days will be either Monday, Wednesday or Friday.
- **Spring semester:** You will attend a comprehensive consolidation in the hospital. This rotation (NURS2622) will enable you to consolidate your skills and knowledge for a 2 week period in the hospital, in an acute care setting (medical/surgical). **Students are expected to**

**be available for all dates during the month of May, including weekends and holidays. Please do not plan vacations for this time period. The time period and dates may changed based on COVID-19. WE WILL KEEP YOU INFORMED**

- Students may be scheduled for 8 hour days/afternoons shifts/midnights, weekends and/or holidays.  
**Students are strongly encouraged NOT to work during this consolidation experience.**

\*Note: the schedule on the student self-service may **NOT BE CORRECT** with respect to your classes, the day of your clinical experience, lab and your instructor. Your schedule **MAY CHANGE**. You will be notified of your permanent schedule, clinical day and instructor by the last week of August. This is due to part-time students still enrolling – therefore clinical groups may be expanded or condensed. As soon as schedules are finalized, we will notify you via Blackboard announcements.

Blackboard: Due to batch enrollments on Blackboard our clinical course NURS2522 will not be available until sometime in August.

#### Contact Information:

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Second Year Program Coordinator  
Room 3314C, Center for Applied Health Sciences  
(519) 972-2727 ext. 5307  
[dferrari@stclaircollege.ca](mailto:dferrari@stclaircollege.ca)

- ❖ Note - email is the preferred method of contact

### **Important Dates**

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- See the SCC Webpage (Under “Nursing”) for information related to Pyxis and Cobis (Accucheck) training. All Pyxis and Cobis training must be complete by Tuesday, September 8<sup>TH</sup>, 2020. We will be posting directions for on line training.
- Labor Day: Monday, September 7<sup>th</sup>, 2020
- **The first day of classes:** Tuesday, September 8<sup>th</sup>, 2020
- Clinical orientations are held prior to clinical placements starting. Clinical schedules will vary depending on the day, and dates are provided below:
  - For those clinical groups on **Mondays** – the first clinical day will be Monday, Sept. 14th
  - For those clinical groups on **Wednesdays** - the first clinical day will be Wednesday, Sept, 16th

- For those clinical groups on **Friday** - the first clinical day will be Friday, Sept 18th.

You will be attending orientation virtually, this year (**Attendance is mandatory on both days**):

- **General Orientation: Day 1:** Tuesday, September 8th **Time TBA.**
- **MATH REVIEW: Day 2:** Friday September 11<sup>th</sup>. **Time TBA**
  - Students will be informed of their clinical group, instructor and hospital placement via Blackboard by the end of August. A schedule will be posted on Blackboard. More information will be posted on blackboard as it is confirmed.

**Clinical Week 1 and 2 will be held on SCC campus in the lab rooms (2<sup>nd</sup> floor of the Health Sciences Bldg). You will be expected to review content from last year and be prepared for the labs.**

**Clinical Day 1 will include:**

- **Focused Head to Toe Assessment** – there will be a review of a focused head to toe assessment during this lab. The outline for the assessment is attached at the end of this document. A focused head to toe assessment is very different from your OSCE!!! This is the process which we expect you to utilize in the clinical area. You need to review it and practice on a friend/partner/family member prior to attending this lab. Please make sure you bring a copy of it with you to lab in order to help you during the demonstration. We do not expect you to go beyond what is listed on the document – remember, this isn't an OSCE! ☺
- **Review of drains/tubes:** This lab will include a review of the functions and maintenance of various types of tubes and drains you may see in the clinical setting. New content.
- **AM and PM care** – This lab will include a review of meal time prep, mouth care, hygiene, peri care, and bed making
- **Moving and Transferring lab:** This lab will include a review of moving, transferring, Braden scale, Morse Fall Scale, Ted hose application and use of Assistive Devices
- **MEET WITH CLINICAL GROUP**

**Clinical Day 2 will include:**

- **PO medication administration lab:** this is the lab that you missed in the winter 2020 semester. New content
- **Documentation/Med Rec lab:** In this lab you will learn about medication reconciliation and documentation in relation to administration of suppositories and enemas (along with other medications) New content.
- **Glucometer & hospitalized patient review:** This lab will include a review of glucometer testing and an overview of the acute surgical patient, etc. We want you to feel prepared as you enter your first acute care setting.
- **Dressing lab:** review of simple dressing changes

- **Assignment Review lab**: weekly clinical worksheets, Learn Plan, Reflective Journal, Portfolio
- **Windsor Regional Hospital and HDGH Orientation- E Learn Modules** will be online with instructions posted to Blackboard (BB) in late August. *All students are required to complete the 7 E Learn Modules and Pyxis Module.* You will find the 7 E Learn Modules under the CNCR-16F tab on Blackboard.
- These on-line modules are required to be completed for the week of September 8<sup>TH</sup>,2020. These are mandated by the hospitals. **If you do not complete the online orientation, you will not be permitted to participate in clinical.**

#### **ADDITIONAL DATES:**

- **Classes begin:** September 8, 2020
- **Fall Reading Week-(2020)** Week of October 12<sup>th</sup>
- **Winter Reading Week –(2021)** Week of February 15<sup>th</sup>
- ❖ **Consolidation-** (2021)- 2 weeks in the month of May, Dates TBA. **This may change due to COVID-19**

#### **Student I.D. Cards:**

Student I.D. card photos must be taken through the *St. Clair Space for Current Students*. <https://www.stclaircollege.ca/st-clair-space> Please go to this site for directions. You will see “Student Card”. From there you will find easy to follow directions for obtaining your student card. The cost is covered within your tuition fees.

Clinical I.D. photo cards are to be purchased (cost approx. \$ 7.00). SRC office will take these photos during the first few weeks of school and must be taken in your clinical uniform.

***MASK FIT TESTING IS GOOD FOR TWO YEARS***

#### **NURS2522 Clinical – Medical/Surgical Experience (8 hour day on your schedule)**

##### ❖ **In person clinical may change based on COVID-19**

- You will attend a clinical experience one day a week for 8 hours. This clinical experience may be a day shift (0600 to 1500) or an afternoon shift (1330 to 2200) OR a midnight shift (1100-0700). \*Note: times may change depending on clinical instructor and/or clinical

situation. Your clinical day may be extended due to patient care situations. All students in a clinical group leave the building at the same time. Please do not arrange for rides for “exactly 3 pm”. It is best to call for a ride once your clinical day is over.

- During this experience, students will be caring for clients with acute and chronic health conditions in hospital. Clinical groups are comprised of approximately 8 students with one instructor.
- Your clinical day will be Monday, Wednesday or Friday. **We cannot accept requests for specific days for clinical nor specific groups or clinical placements.**

**Clothing/Uniform** –The Collaborative BScN program has a standard uniform (scrubs) for nursing students. The uniform consists of a navy blue short-sleeve scrub top with “BScN Student” embroidered in white on the sleeve, and a navy blue pant. Navy blue skirt options (including floor-length that may be worn for religious/cultural purposes) are also acceptable. Any shirts worn under the uniform or head coverings worn for religious/cultural purposes must be white, navy blue or black to match the uniform. **However, if wearing long sleeves, they must be raised above the elbow during direct client care for infection control purposes.** Head coverings must be plain and unadorned for infection control purposes. Disposable head coverings over or instead of hijab may be required in certain areas (e.g., Operating Room). Students may only wear the approved University of Windsor lab coat/clinical jacket when in client care areas. Lab coats/clinical jackets must be removed when providing direct care to patients. Lab coats must not be worn outside of the clinical area.

**Shoes** - closed, non-slip duty or athletic shoes required, with no mesh openings to allow penetration of fluids. Clogs, “Cros”, or plastic slip-on shoes are **not** acceptable due to health and safety concerns, including ankle injuries, trips and falls, spillage, and/or build-up of static electricity that interrupts electronic devices. Students may be required to carry an extra set of shoes to be worn on home visits. No flip-flops. Safety boots may be required in some placement agencies. Shoes must be kept clean.

- **Equipment:** Students are expected to bring with them each clinical day: a stethoscope, 3 black pens, penlight, bandage scissors and a small pad of paper which will fit into your uniform pocket.
- **Clinical Preparation:** After receiving information on your patient at the hospital, you will be required to complete a clinical worksheet for your clinical the next day. This weekly assignment may take anywhere from approximately 2-4 hours to complete. Students are expected to have a completed worksheet in order to provide safe patient care. Incomplete worksheets represent a safety issue in the clinical setting.

**First Week of Clinical – see above. You will be expected to wear your clinical uniform and Clinical shoes, badge and stethoscope.**

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- Ask questions!!! It is imperative that if you need clarification, you ask your instructor. If you are thinking about the question, other people in your clinical group will be as well!!

- Take a look at the assignments posted on BB for the course – become familiar with them prior to meeting your instructor that day so that you can ask questions or clarify the expectations. Bring copies of the CPE, reflective journal etc.
- Your scheduled lab day and times according to your schedule will begin the week of September 14<sup>th</sup>

## Communication

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- Email communication is the preferred method of contacting faculty. Email addresses can be found on the main SCC website <https://www.stclaircollege.ca/programs/nursing-bscn/faculty-contact>
- Faculty return to the college on Monday, August 31st. If you have any questions or concerns over the summer, please contact the Second Year Program Coordinator. Due to limited email/phone access, you may need to contact the Nursing Chair: Linda Watson at [lwatson@stclaircollege.ca](mailto:lwatson@stclaircollege.ca)
- Instructors and faculty are permitted to answer emails received from students using their St. Clair College email address only. **We are not permitted to respond to students who use personal email addresses.**
- If you are having difficulty accessing your blackboard account or email, please contact the IT department at ext. 2500
- Blackboard courses are generally activated a week prior to the start of the semester. Please ensure you are checking regularly.

## Experiential Learning Lab – NURS2531

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### Lab Experience – 3 hrs. per week on your schedule

- A mandatory 3 hour lab experience directly related to your clinical experience is scheduled each week. A new skill is taught every week. It is imperative that you keep up on your required lab readings and do not fall behind.
- Lab quiz dates will be posted in the syllabus. Achieving less than 60% on the lab quiz, students are required to complete a written remediation assignment which takes approximately 2-3 hours. These assignments must be completed within 1 week and may not be taken home to be completed.
- New skills are taught and demonstrated each week in lab. **Students will have the opportunity to schedule time in the lab to practice each week with the lab technologists in order to gain experience and confidence with their new skill for the week.**
- Once a skill has been taught in lab, it is expected that the student will perform the skill in a safe, competent and knowledgeable manner in the hospital with clients. When you are with a client in the clinical setting, is not the time to practice. Practicing should take place in the lab in a controlled, safe environment.
- We have peer tutors available to assist you in the lab. They can assist with documentation, skills, theory courses or any other area you are experiencing difficulty in. There is no charge for the peer



tutoring service. Just stop by the desk in the nursing lab on the 2<sup>nd</sup> floor of the Center for Applied Health Sciences to arrange an appointment.

- Review your basic assessment skills prior to the start of the clinical/lab orientation (week of September 8th), especially blood pressure measurement, pulse, etc. ☺ **The nursing lab is open throughout the summer if you wish to make an appointment to practice before September. This may change due to COVID-19**
- As part of your lab fee, students will receive a lab kit in September that will include most of the necessary supplies for your labs for the academic year. Should students wish to purchase extra supplies for practice, they may do so from Motion Specialties on Tecumseh Road East (bring your SCC ID badge for a discount).
- Students will be required to complete CPE Skills Testing during NURS2522 (Details will be available in September).

## Tests

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### Medication Administration Tests and Theory Tests

The medication and theory tests may occur within the scheduled class time or outside the scheduled class time. The individual Professors of the course will provide you with a syllabus that will include test dates/times and locations.

### **Medication Administration Tests**

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- Each semester, you will have a minimum of 2 math tests. In order to pass the test, you will need to achieve 100% on all parts of the test
- If a student does not achieve 100% by the third attempt, the student will be remediated until they receive 100%.
- **Students are not permitted to give medications in the clinical area until 100% is achieved on the medication test.** In order to pass clinical, the student must demonstrate safe medication administration, therefore repeated attempts at passing the math test may put you in jeopardy of not meeting the clinical competency to receive a passing grade for NURS2522
- Non-programmable calculators are permitted. You are not permitted to use a cellphone or share a calculator.
- Medication Administration Tests will be scheduled outside of your regular clinical and lab times. You will be notified of the dates and times during orientation in September.
- MANDATORY remediation will be required for students who are unsuccessful on the medication administration test. Dates and Times will be posted. **Due to the large class size, we are unable to allow students to write at a different time or date due to work schedules.**
- Please use the Mulholland text book for the practice questions which will prepare you for the orientation week lab on dosage calculations.
- Medication tests for NURS2522 will incorporate medication calculations as well as abbreviations and conversions. Sample questions are included in this booklet.

## Preparing for Medication Administration Tests

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- Your Medication Administration Tests will consist of 3 sections:
  - Abbreviations
  - Conversions
  - Dosage Calculations
- **You must achieve 100% in all sections** before you are permitted to give medications in the hospital.
- The following information and practice exercises will help you to be successful on the medication tests

### Abbreviations

Below are the **APPROVED** abbreviations for medication administration tests. **DO NOT** memorize the abbreviations used in the math text by Mulholland – they are not approved by our hospitals. You will need to memorize the entire list for your first Medication Administration Test which will take place the week of September 9<sup>th</sup>.

<b>“A”</b>	
ac	before meals
am	morning or before noon
<b>“B”</b>	
bid	twice daily
<b>“C”</b>	
cap	capsule
CR	controlled release
<b>“D”</b>	
DS	double strength
<b>“E”</b>	
elix	elixir
EC	enteric coated
<b>“G”</b>	
g	gram
gtt	drop
<b>“H”</b>	
h	hour
hs	at bedtime
<b>“I”</b>	
IM	intramuscular

IV	intravenous
IVPB	intravenous piggy back
<b>“K”</b>	
kg	kilogram
<b>“L”</b>	
L	litre
LA	long acting
lb	pound
<b>“M”</b>	
mEq	mill equivalent
mcg	microgram
MDI	metered dose inhaler
mg	milligram
mL	milliliter
<b>“N”</b>	
NEB	nebulizer
NKA	no known allergies
NKDA	no known drug allergies
NPO	nothing by mouth
<b>“O”</b>	
oz	ounce
<b>“P”</b>	
pc	after meals or food
pm	after noon or evening
PO or po	orally <i>or</i> by mouth
PR or pr	per rectum
PRN or prn	as needed or when necessary
<b>“Q”</b>	
q	every
qam	every morning
qh	every hour
q2h	every 2 hours
q4h	every 4 hours
q6h	every 6 hours
q8h	every 8 hours
q12h	every 12 hours
QID or qid	four times a day
<b>“S”</b>	
SL	sublingual

SR	slow release
SA	sustained action
supp	suppository
susp	suspension
SC or SQ or subcut	subcutaneous
STAT	immediately or at once
<b>“T”</b>	
tab	tablet
tbsp	tablespoon
TKVO	to keep vein open
tsp	teaspoon
tid	three times a day
<b>“U”</b>	
ung	ointment

“Do not use” abbreviations: <https://www.ismp-canada.org/download/ISMPCanadaListOfDangerousAbbreviations.pdf>

Conversions: The following conversions will need to be memorized for your medication administration tests.

**\*\*NOTE:** There are several additional conversions listed in your math text – you do not need to know how to convert temperature, drams, grains, etc.

Volume:

1 ml = 1 cc  
 5 ml = 1 teaspoon  
 15 ml = 1 tablespoon = 3 teaspoons  
 30 ml = 1 ounce = 2 tablespoons  
 1000 ml = 1 litre

Weight:

1 mg = 1000 mcg  
 1 gm = 1000 mg  
 1 kg = 1000 g

Misc.:

1 kg = 2.2 lbs

Practice Conversion Questions:

3 tsp = \_\_\_\_\_ tbsp.

24 cc = \_\_\_\_\_ mL

34 g = \_\_\_\_\_ mg

414 mcg = \_\_\_\_\_ mg

30 cc = \_\_\_\_\_ tsp

0.23 g = \_\_\_\_\_ mg

422 mL = \_\_\_\_\_ litres

1 ounce = \_\_\_\_\_ tsp

3 tablespoons = \_\_\_\_\_ oz.

2 kg = \_\_\_\_\_ lbs.

33 lbs. = \_\_\_\_\_ kg

45 mL = \_\_\_\_\_ oz.

**\*Answers are at the end of the document**

Principles of Rounding

1. If you need to have a final answer of 2 decimal places, then you need to calculate to 3 decimal places – therefore, always calculate 1 place past your final answer.

Ie. If the final answer needs to be 1 decimal place – then calculate to 2 decimal places

2. The number past your final answer decides how you will round.

Ie. Calculate to 3 places and round to 2

8.964 (calculated to 3 decimal places)

The “4” is the number that will decide how we round.

**Rule #1** – if the number is <5, drop it completely

8.964 “4” is less than 5, so we drop it and our final answer is 8.96

**Rule #2** – if the number is equal to 5 or >5, then we round “up”

2.365 = the five is dropped and the 6 is changed to 7 therefore the final answer is 2.37

**\*NOTE:** When writing an answer that begins with a decimal i.e. “.233”, you MUST ALWAYS place a “0” before the decimal. “0.233”. **Answers on math tests will be marked incorrect if there is no zero.**

**Note:** Medication administration test answers cannot contain a “trailing” zero. Meaning if you calculate to 2 decimal places and your final answer on your calculator is 1.50 – your final answer must be written down as “1.5”. **You cannot have extra zeros to the right of your final number – these are referred to as “trailing zeros” and are responsible for numerous medication errors. The Institute for Safe Medication Practice (ISMP) does not allow “trailing zeros” – remember this for your tests.**

### PRACTICE ROUNDING QUESTIONS

Round to 2 decimal places

1. 9.402
2. 0.459
3. 17.999
4. 3.210
5. 61.666
6. 3.007

Round to 1 decimal place

1. 1.32
2. 81.55
3. 0.98
4. 4.50
5. 6.05
6. 88.22

### **ANSWERS FOR PRACTICE QUESTIONS**

#### Practice Conversion Questions:

3 tsp = 1 tbsp.

24 cc = 24 mL

34 g = 34000 mg

414 mcg = 0.414 mg

30 cc = 6 tsp

0.23 g = 230 mg

422 mL = 0.422 litres

1 ounce = 6 tsp

3 tablespoons = 1.5 oz.

2 kg = 4.4 lbs.

33 lbs. = 15 kg

45 mL = 1.5 oz.

## Rounding:

Round to 2 decimal places

1. 9.402 = 9.40 = 9.4 as final answer (no trailing zeros)
2. 0.459 = 0.46
3. 17.999 = 18.00 = 18 as final answer (no trailing zeros)
4. 3.210 = 3.21
5. 61.666 = 61.67
6. 3.007 = 3.01

Round to 1 decimal place

1. 1.32 = 1.3
2. 81.55 = 81.6
3. 0.98 = 1.0 = 1 as final answer (no trailing zeros)
4. 4.50 = 4.5
5. 6.05 = 6.1
6. 88.22 = 88.2

## **TEXTBOOKS**

Required textbooks can be found in the Campus Book Store under their course codes. Should restrictions still be in place as a result of COVID-19, books will be available on line through the Book Store website. All course materials needed will be available on their site..

Here is the link to the Windsor bookstore site. All books are searchable by course code and by ISBN. Windsor: [www.stclairwindsorshop.ca](http://www.stclairwindsorshop.ca)

The Campus Book Store is located on the first floor of the main building. Books will be available for purchase in August. Bookstore summer hours are: Monday – Thursday 0830-1530 and Friday 0830-1230: (519)972-2727 Ext. 2722. Additional information can be found at: <https://www.stclaircollege.ca/student-services/on-campus-services>

### **Focused Head-to-Toe Assessment**

**Remember to talk to the patient during the assessment and vitals – you can gather a lot of information regarding:**

**Sleeping** – “How did you sleep last night?” “Did you sleep through the night?”

**Appetite** – “How was supper last night? Are you hungry for breakfast?”

**Neurological status** – “Those are very pretty flowers. Who are they from?  
Is this a family member with you?”

**Pain level** – “Are you experiencing any pain or discomfort?” \*Remember to gather data re: location, rating 0/10, whether pain meds are working for the pain, what makes it better/worse, is the pain different than before?

**GI/GU** – “When was the last time your bowels moved?” “Is this normal for you?” “When is the last time you urinated?” You may use the word “pee” if you feel it’s appropriate.

**Mobility** - “Were you up and walking around last evening?” “Any difficulties when you move around?” “Are you able to get up without assistance” or “Did someone help you to get up and walk”

**Psychological status** – pick up on pictures, cards, flowers, things the patient states such as “I can’t wait to get out of here. My wife visits every day. I haven’t seen my kids since I’ve been here.”

**Assess the following if applicable to your patient and visually check each time you enter the patient’s room.**

- IV site – **LOOK** - Is it red, swollen, leaking? Is the IV solution dripping and is it at the correct rate? Check the Drs. orders and the pump.
- Is the correct IV solution hanging?
- Is the oxygen on patient – correct # of litres/min. Is it turned on? Is it in their nare?
- Check to make sure the foley isn’t kinked – Is it draining? – Note the colour of urine
- Drains – Note the colour and amount of fluid
- Ensure the urinal is in the patients reach and **NOT ON THE OVERBED TABLE.**
- NG tube – Check the order to see if it is supposed to be to suction or just dependent drainage. Note the amount and colour of drainage
- Make certain the call bell is in the patient’s reach
- Ensure the side rails are up

**On EVERY patient (minimum assessment)**

- A & O x 3
- PERLLA- remember the size of the pupils
- Are they moving all extremities?
- Do they obey verbal commands?
- Check anterior lung sounds
- Apical pulse- rate: regular/irregular, murmurs?, S1S2, 4 heart valves
- Posterior lung sounds
- Effort of breathing
- Incentive spirometer at bedside? Pt. using it effectively?
- Bowel sounds x 4 quadrants (RLQ-ileocecal valve)
- Inspection (abdomen) – round, distended
- Palpation (abdomen) – firm, soft



- Capillary refill (fingers)
- Pedal pulses
- Capillary refill (toes)
- Pedal edema
- Homan's Sign
- Remove TED stockings to assess skin
- Wound Assessment- dressing D&I? drainage? Tape in place?
- Skin- warm, dry, cool, diaphoretic, rashes, lesions

Have a safe and wonderful summer!