



**ST. CLAIR COLLEGE**

**RETIREES' ASSOCIATION**



**From the President**

*Kathy Dupuis*



It is great to be back in Windsor after an extensive vacation in Australia, New Zealand, and the French Polynesian Islands. New Zealand is very similar to our Canadian landscape. The exception of course is its wildlife. Australia has vast parcels of land and

fascinating wildlife. Our favourite city was Sydney Australia. The architecture, culture, and artisans are world-renowned. I was happy to be back home and away from the harmful rays of the sun, although I am not enjoying our summer weather and high humidity.



*Doubtful Park, Milford, New Zealand*

There are so many people to thank that have contributed to the success of our Retirees Association. I especially would like to thank JoAn Dale and Cindy Bissonnette for stepping in as President during my absence, and Jim Chambers who took the position as interim Vice President. I have a great appreciation for the minutes that were prepared by Lyn Medler. The minutes quickly brought me up to speed as to the proceedings of the Executive Board meetings. I am so appreciative to Nancy Dupuis, who has been the Newsletter Editor for the past three years. Nancy's creativity and design gave the Newsletter a fresh new professional look. Nancy

is stepping down as the Newsletter Editor this year. Nancy, thank you for your dedication to SCCRA and we look forward seeing you at the SCCRA events.

So grateful to the following for joining our executive team: Sue McLelland (VP), Mimi McPhedran (Social Coordinator), Pat Taylor (Social Coordinator), and Tony Ellul (Newsletter Editor). I look forward to working with you and the returning executive board members in our continued commitment to the Retirees' Association members.

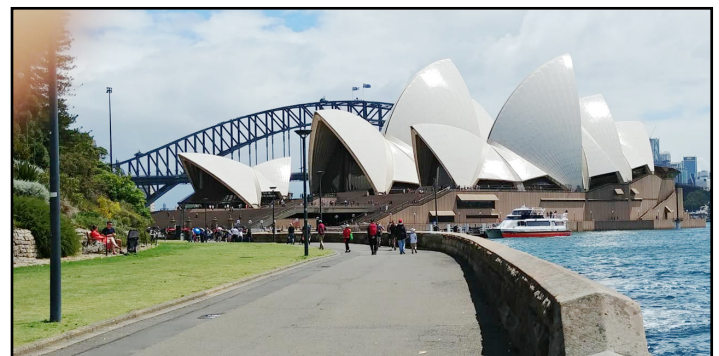
Parking Pass renewal is upon us and a Parking Renewal Form has been included with the Newsletter. St. Clair College is hosting the OCRA Annual Meeting in October. All members are welcomed.

Mark your calendars for the Upcoming Events we have planned for you, which are listed on the last page of the Newsletter.

Welcome to our newest members. As an Executive Board, we always welcome suggestions for events that will be of interest to you. We are looking forward to another year of fun and camaraderie. ✨

*Kathy Dupuis*

Photos: *Kathy & Frank Dupuis*



*Opera House, Sydney, Australia*

## 2019 SCCRA Annual General Meeting

On May 1, at least 53 retirees attended the 2019 St. Clair College Retirees' Association Annual General Meeting, which was held in the second floor meeting room at the South Campus Healthplex facility.

This year's event featured an extensive update on College activities by Vice President John Fairley, highlighted by the record setting enrolment exceeding 12,000 students (the local University averages around 14,000). The 2019 graduation of 5,800 is also a record.

Mr. Fairley's presentation also revealed drawings of the new South Campus Sports Park currently under construction. It includes softball and soccer fields and a Zekelman tennis facility.



As usually happens at AGMs, elections were held, chaired by former President JoAn Dale. Changes include a new Vice President in Sue McLelland and co-Social Coordinators Pat Taylor and Mimi McPhedran.

The 2019 AGM also featured a short video on the College's first President Dr. R.C. Quittenton. Many thanks to Mike Kujbida and Art Rae for this timely and memorable flashback.

Many thanks to our Social Committee for organizing this event and to Christy Gatto, Director Recreational Services, for the use of the Sportsplex. Christy reminds us that for \$20 per month this five-star facility is available to retirees! ✨

Contributed by **Pat Hallahan**

## Chatham-Windsor Joint Luncheon September 25, 2019

Please join us at the Bayside BrewPub  
970 Ross Lane, Erieau, ON



At 11:30 am for lunch



Lunch at own expense

There will be a limited menu of appetizers, salads, fish and chips, perch,, and pizza (2 types)  
18% gratuity will charged to your cheque

Please confirm by September 23, 2019 to

Elvy Deline - 519-354-4913  
elvyandroy@sympatico.ca

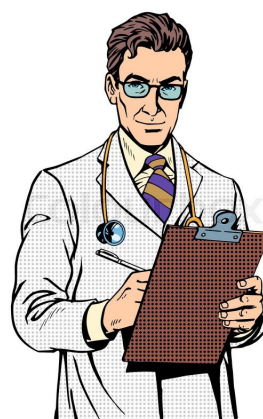
or

Elizabeth Barr – 519-354-327  
Ebarr000@sympatico.ca

Watch your e-mail in September for a reminder of the luncheon!

## Smile, it won't hurt

George and Gina, both in their late seventies, went to their doctor's office because Gina was suffering from a severe case of hiccups. When Gina went in to be seen



by the doctor, George waited for her in the waiting room. Shortly after, Gina came rushing out of the examination room screaming, "It can't be, it can't be!" Alarmed, George rushed over to Gina and asked, "What is the matter? Are you alright?" Gina replied, "He, he ... the doctor told me that I am pregnant. It can't be, it can't be."

Ticked off at the absurdity of the situation, George rushed into the doctor's office and demanded, "What is the matter with you? How can Gina be pregnant? She's in her late seventies for crying out loud."

Without looking up from the papers that he was busily working on, the unruffled doctor replied, "Her hiccups are gone aren't they?"



***Annual Chatham Campus Retirees  
Christmas Party***

Date: Wednesday, December 4, 2019

Location: Rossini's, 634 Grand Avenue East  
Chatham, Ontario

Time: 11:30 a.m. - Lunch: 12:00 p.m.

Cost: \$25.00 inclusive per person

(Served meal of soup or salad, choice of  
3 entrees, dessert, coffee or tea)  
Alcoholic refreshments are extra

Musical Entertainment will be provided by the group,  
Canto in Armonia (Sing in Harmony)  
from Christ Church.

Please bring a non-perishable item for the  
Student Food Bank

To reserve your place, please contact:

Elvy Deline - 519-354-4913  
elvyandroy@sympatico.ca

or

Elizabeth Barr – 519-354-3274  
Ebarr000@sympatico.ca



***Annual Windsor Christmas  
Luncheon and Show***

Date: Saturday, December 14, 2019

Time: 11:30 a.m. - Meet in Dieppe Rooms  
12:00 p.m. - Lunch  
2:00 p.m. - Student Christmas Show

Place: St. Clair College Centre for the Arts

Buffet Style Luncheon Menu  
(Catered by St. Clair College Centre for the Arts)

**Hold the date**

Details to follow in the November newsletter

This luncheon is for retirees only with one guest



**Attention All College Staff**

All College staff will now receive each quarterly issue of the  
St. Clair College Retirees' Association Newsletter via email.  
We welcome your feedback and hope that you enjoy seeing what is available to your  
colleagues who are already enjoying retirement.

**The electronic version of this and past newsletters can be found at  
<http://www.stclaircollege.ca/retirees/newsletters.html>**

## Social Committee Report

### Medical Cannabis Educational

On Friday, April 26th. the Retirees Social Committee presented an educational seminar on Medical Marijuana and Seniors. Rob Modestino BSc Pharm of Rob's Whole Health Pharmacy in LaSalle, assisted by Hardeep Gill, 4th year pharmacy student at University of Waterloo, enlightened 31 attendees on the benefits and cautions to using medical marijuana.



Hardeep went through a slide presentation that outlined an overview of cannabis in general and then went on to discuss its effects, uses, dosing, forms of dosing, interactions with other drugs, and finally, harm reduction.

As expected, Rob fielded many questions from the group and quite a few of them were not marijuana-related. This engendered discussion by several attendees and a suggestion that further seminars on health related topics would be of great interest. The Social Committee would appreciate suggestions for future health related topics and we will attempt to provide another seminar in the fall.

Thank you to all who attended. If anyone would like a copy of the presentation slides, please e-mail me at setineffi2@gmail.com and I will email them to you. ✨

Contributed by **Patricia Taylor** Photo: **Sue McLelland**



### Wind Turbine Lecture and Tour

On May 29, a group of 31 retirees enjoyed an interesting and informative afternoon and lunch at the rebuilt Deer Run Golf and Country Club. Jordan Regnier and Amanda Lozon of Kruger Energy gave a lecture on the technical aspects of wind turbine technology followed by a tour of one of the local turbines.

Kruger manages and maintains 80 of the roughly 500 wind turbines in southwestern Ontario, which began sprouting up about 10 years ago. Wind Turbine energy comprises between 6%-10% of the energy supplied to Ontario's energy grid. Each turbine costs about \$10M to manufacture and erect.



From left - *Roy Deline, Elsi and Pat Hallahan, Ron Morris and wife Glenda, Ida Totten, Elvy Deline* Photo: **Bill Totten**

It is estimated the turbines will cover their costs after about 17 years and have a life span of 20-25 years. Although fairly narrow at its base, each is about 80 meters tall and supports a motor at the top which is about the size of a bus.

Many thanks to Elizabeth Barr and Elvy Deline for arranging this well organized opportunity for our retiree group. ✨

Contributed by **Pat Hallahan**

*"When I was younger, I felt like a young man trapped in a woman's body. Then, I was born!"*

From the **Petrol Pump Wisdom** chalkboard at a fuel station in Gauteng, South Africa

## 27th Annual Alumni of Distinction Awards Gala

The St. Clair College Alumni Association recognized six of its Distinguished Alumni at the 27th Annual Alumni of Distinction Awards Gala at the St. Clair Centre for the Arts on Friday May 10, 2019. These recipients bring the total number of Alumni of Distinction honorees to 2,017 since the first award to Andrew Faas in 1992.

The 2019 Recipients were:

- Chantelle Bacon-Macri - Founder of “Fight Like Mason” Foundation (Hairstylist Grad)
- Christopher Bozzetto – Lead Texture Artist at Soho VFX (Tradigital Animation Grad)
- Barb Brown – Executive Director of Connections Early Years Family Centre (ECE Grad)
- Larry Koscielski – Vice President, Centreline Ltd., (Combustion Technician Grad)
- Justin Lammer – Deputy Chief, Essex-Windsor EMS (Paramedic Grad)
- Nicolas Seguin – Application Architect, Domino’s Pizza Corporate HQ (Information Systems Grad)

Ten retirees attended, along with community leaders, St. Clair staff (including many who taught the recipients), families and friends of recipients, students and former Alumni of Distinction recipients. The evening included an excellent dinner and a video presentation featuring outstanding achievements of each honoree.

\*  
\*\*



Retirees at the Alumni of Distinction Awards Gala - from left - Greg Skomash, Jim Martin, Dan Rorai, Patricia Taylor, Bob Aylesworth  
Photo: Sue McLelland

Contributed by **Bill Totten**

## Recipe for longevity - family and friends

If you enjoyed an active and engaged lifestyle that included strong social relationships before retirement, be sure to do the same after you retire because you’ll likely stay healthier and live longer. Studies – including one conducted by researchers at Brigham Young University and the University of North Carolina at Chapel Hill – concluded that strong social ties can be beneficial to both mental and physical health. They found that an active social life can be linked to lower risk of cancer and cardiovascular disease, greater ability to carry out physical tasks, improved happiness and better cognitive function.

The reverse is also true: A lack of social ties is associated with depression, later-life cognitive decline and increased mortality. In fact, a Harvard Medical School study found that a lack of strong social relationships increased the risk of premature death from all causes by 50%.

So, the obvious conclusion is to keep up an active social life in retirement. But don’t go overboard. You could choose to volunteer or learn a new sport or activity with fellow retirees, join a group travel program, or coach a team of youngsters – but only take on what you’re comfortable with. Stress isn’t good either.

Friendship is important – not just because it will help keep you healthier – but because friends are ... well, friends. So stay in touch and perhaps plan to meet with some of them every month or so for a breakfast or lunch.

*Life is better with  
Friends*

There’s no doubt the “friend effect” will keep you booming and blooming through a long and happy retirement. \*  
\*\*

Contributed by **Art Rae** from a company newsletter - provided by former student & employee **Tom Markham**



*Friends are like the stars.  
You don't always see them,  
but you know they are always there.*

## President's June 2019 Brunch

This year's end-of-school-year President's Brunch was held on Friday June 21 in the "classic" gymnasium.

A number of different tables of retirees enjoyed both chatting with former colleagues and a fabulous buffet brunch.

In addition, awards were presented to support staff, faculty, administration and team staff who were exceptionally helpful this year as voted by their co-workers. Employees with 25 years of service this year were also recognized as were this year's crop of retirees.



From left - Tom Kilpatrick, Bill King, new retiree Karen Holmes, Laurisa Kapetanov, Don Hogan, and new retiree Tom Williams.

President Kathy Dupuis introduced Jim Chambers, who read off the list of former staff who passed away this past year. The names of deceased full time staff and retirees will be memorialized on plaques on the hall leading to the South Campus restaurant and at the Chatham Campus.

This year's event was very well attended by both current and former staff and is well worth attending. Many thanks to President Patti France for continuing to invite retirees to this activity. ✨

Contributed by **Pat Hallahan**

## June 2019 Retirees and Honourees

At the College President's 2019 Staff Appreciation Brunch held on June 29th, the College recognized and honoured a number of staff members for their contributions to the College.

College faculty, staff, and administrators marking their 25th anniversary at the College are Barry Boghean, Barb Chapple, Ken Reynolds, Barb Sedlacek, and John Ulakovich.

New Retirees from the College are Roy Bottoset, Colleen Clark, Gayle Dale, Diane Easterby, Ann Hetherington, Karen Holmes, Rob Lanoue, David Mariash, Margaret Mazzili, Lorna McCormack, Maxine Nahdee, Wanda Petrilli, Jay Terryberry, and Tom Williams. We congratulate the new retirees, wish them a long and happy and healthy retirement, and invite them to join our association.



Tim Johnston, Jason Wei, Nick Ligori, Anthony Loncaric, Jim Smith, Richard Driedger, with Joe Sirianni VP Human Resources (at far left). Absent from the photo is Ed LaRocque. Photo: **Mike Sorrell**

We also congratulate College employees recognized by the College with Employee Excellence Awards for their outstanding service:

**Ed LaRocque** – Support Staff

**Pat Leblanc** – Faculty

**Susan Favaro** – Administration

**IT Systems Services Department** – Team – **Richard Driedger, Tim Johnston, Ed LaRocque, Nick Ligori, Anthony Loncaric, Jim Smith, and Jason Wei.** ✨

Contributed by **Tony Ellul**

### Contacts for Health Benefits and Pension

The College contact person for retirees seeking information on pensions and benefits is Kim Bode, 519 972-2727, Ext. 4687, located in Human Resources, room 274C.

The CAAT Pension can be reached at 1-866-350-2228 or 416-673-9000, or Fax: 416-673-9028.

For general inquiries: [contact@caatpension.on.ca](mailto:contact@caatpension.on.ca)

## Golf at Woodland Hills Golf Course

- Where** Woodland Hills Golf Course - Belle River Road and Highway 401
- When** Any time \*
- What** Unlimited Golf and/or 1 bucket for driving range
- Cost** No Charge for St. Clair College Retirees in possession of a **current SCCRA membership card**

- \* **FYI**
1. Thursday mornings have been set aside for St. Clair College retirees. However, **retirees in possession of a current SCCRA membership card** may play golf **at any time at no charge**.
  2. This year **upon presentation of a current SCCRA membership card**, non-golf playing retirees who wish to experience the thrill of hitting a golf ball without the anxiety of playing the course, may hit golf balls on the driving range **at no cost**.



Contributed by *Jim Chambers*

## College Folklore Video Project Update OPSEU Local 137

As many of you are aware, the Retirees' Association has been working on a project to capture and preserve, on video, significant events and activities of the College's history.

One large gap in the project's list of videos was the work of many support staff in OPSEU Local 137.

Recently, however, Jill Barden, long-time member and former President of the Local, agreed to help us recap her introduction to the Local up to and including her extensive work at the Provincial level.

Work on this video is still in progress, but you will be notified by e-mail when it is finished.

Given that Jill left the College to work with OPSEU in 1986, some thought is being given to adding a Part Two to the work and history of Local 137 in order to make it more current.

Stay tuned! \*\*

Contributed by *Pat Hallahan*

*Spirit  
of  
Solidarity*

A black and white line drawing of a rope knot, specifically a reef knot (square knot). The rope is thick and has a textured, braided appearance. The knot is centered to the right of the text 'Spirit of Solidarity'.

### Important Notice Regarding Retiree Parking Permits

As one of the benefits of Retiree Association membership, St. Clair College provides complimentary parking for retirees. All current retiree parking tags **expire as of December 31, 2019** and must be renewed prior to that date to avoid receiving a parking ticket.

The renewal process is easy. To receive a new parking tag, present a completed Parking Application form (copy enclosed, or available from the Parking Office **after November 1, 2019**) and your current Retiree Association Membership Card, to the Parking Desk in the Main Lobby and a new parking tag will be issued.

Retirees with a current Handicap Parking permit should present that permit to the Parking Desk when applying for the College Retiree parking tag. You will be issued with a College Retiree Handicap parking tag.

Note: the St. Clair College Retirees' Association 2020 membership card is available upon payment of your \$10.00 membership fee to the Retirees' Association Membership Secretary, Marilyn Portt. The 2020 membership renewal form will be available with the November issue of the Retiree newsletter.

## Annual Winter Trip – Prices And Dates

For the January 2020 trip, once again we will be working through Kathleen Warren at Carlson Wagonlit Travel (kathleenw-carlson@outlook.com).

Unfortunately, because of the scarcity of aircraft, only Sunwing will be offering trips out of Windsor airport. After consulting with Kathleen and reviewing the possibilities, the trip we have selected will be to Varadero, Cuba.

**Note: These prices are good only until September 1. Following that date, updates will be distributed via e-mail.**

## Royalton Hicacos Resort, Varadero, Cuba

This is a 4½ star adult only resort located 11 km from the Varadero airport. Reviews have been positive.



Junior Suite, Garden view  
Single: \$2058.00 (CAD)  
Double: \$1,618.00 (CAD)



Prices are based upon a group of 10 and the 8th person is free, which would reduce the cost for the group.

**Thursday, January 23, 2020**

Depart Windsor 3:45 pm - Arrive Varadero 6:55 pm

**Thursday, January 30, 2020**

Depart Varadero 11:10 am - Arrive Windsor 2:20 pm

**Call Kathleen Warren at 519 256 6744 (Carlson Wagonlit) for more information.**



## Ontario College Retiree Association (OCRA) General Meeting - October 23, 2019

St. Clair College is sponsoring the OCRA 2019 General Meeting that will be held about 10:00 am. to about 3 pm., Wednesday, October 23, 2019, at the St. Clair Centre for the Arts.

Details regarding the time, registration, and agenda will be forthcoming in an OCRA Newsletter. However, two speakers have been confirmed. The first is Derek W. Dobson, CEO and Plan manager of the CAAT Pension Plan. The second is Stephen Lee Kam, Human Resources Consultant, Benefits and Pension, College Employer Council.

We anticipate that topics such as the expansion of the CAAT Pension Plan membership and possible coverage of medicinal marijuana will be among the topics of discussion. The meeting will also include routine business reports, and Board elections.

OCRA members and their spouses are welcome to attend.

Lunch will be provided.

If you wish to become a member of OCRA, please contact Marilyn Portt, SCCRA Membership Coordinator at 519-969-0693. ✱

Contributed by *Jim Martin* (OCRA Board Member)

## Retirement Planning Workshops

We are in the planning stages of offering Retirement Planning Workshops some time in late October or early November.

When plans are finalized, we intend to send out e-mails well in advance to all College staff providing more specific information including dates, times, and locations for these workshops.

**COUNTDOWN**  
to **RETIREMENT**




## Pneumonia and You

The incidence of pneumonia in senior citizens and young children increases dramatically during the winter months. Pneumonia is a communicable bacterial infection that can result in serious complications - especially for people over 65 years of age - that can claim the lives of those infected.

Doctors recommend that people over 65 years of age get immunized with Prevnar 13, a vaccine that increases a person's defences against infection with pneumococcal bacteria. The cost of the vaccine is approximately \$108, which is not covered by Sun Life nor OHIP.

Talk with your health care practitioner. Remember, "A stitch in time saves nine" and "An ounce of prevention is worth a pound of cure".

### Welcome Aboard The Windsor Yacht Club

The Windsor Yacht Club is the spot to be  
9000 Riverside Dr. E.   
August 22nd, 2019 at 12:00 pm noon (rain or shine)

Come join us for a special lunch and drink designed especially for our retirees and their guests.

Lunch includes your choice of soup, salads, speciality burger/wrap, perch dinner and dessert. Prices from \$6.00 to \$19 (subject to tax, gratuity)

Enjoy the best view in Windsor on the Yacht Club's covered patio overlooking Peche Island. Share the sights of pleasure crafts leisurely sailing into summer's breezes with friends and colleagues while being entertained by nature's environment.

Please note:

- ✧ Payment by debit or credit card only – Cash is not accepted
- ✧ Dress code – no hats or jeans with holes
- ✧ **Construction Detour** - Riverside Dr. at Lauzon is closed. Alternate route required.

Please be advised, this event replaces the Boblo luncheon due to ferry issues.

**RSVP** required by: **August 17th, 2019**  
to - Patricia Taylor - setineffi2@gmail.com  
or - mimi.mcpedran@hotmail.com

**Hope to see you there!**

## Thank You Paul and Beverly Chortos

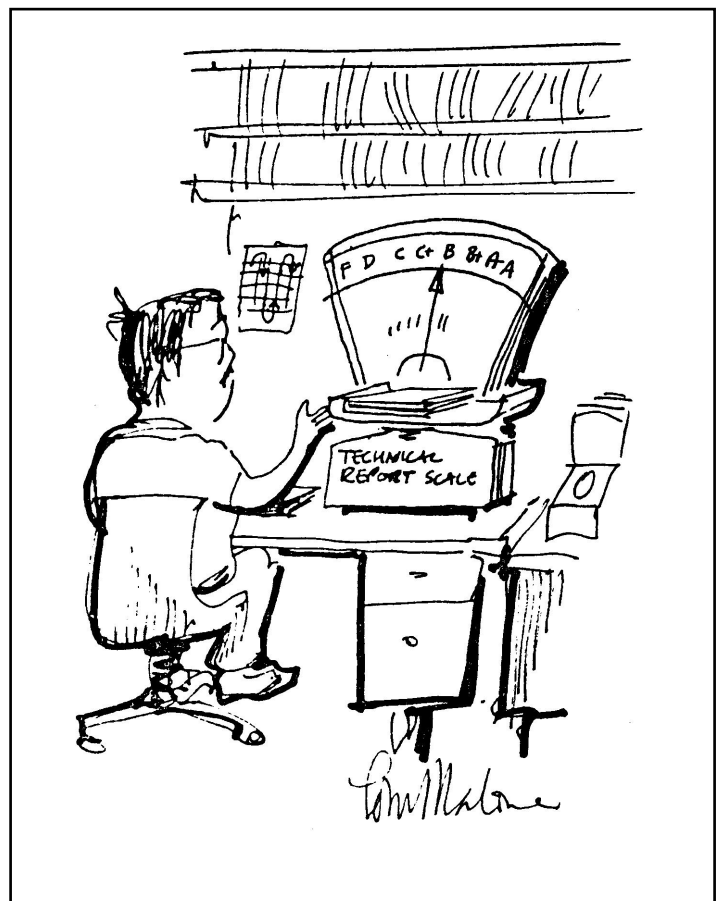
I wish to take this opportunity to acknowledge Paul and Beverly Chortos for hosting the St. Clair College Retiree Association's Fall Social. Paul and Beverly have hosted the Fall Social for the past two years at their home in Kingsville. Their home, which runs along Cedar Creek is a beautiful setting which allowed our members to kick back, relax, and socialize with fellow retirees. Some of the amenities that our members have enjoyed aside from the food are hayrides, bonfires, and complimentary portraits. Thank you Paul and Beverly for your hospitality over the last two years and for sharing your home and talents.

Although this year's Fall Social will not be held at Paul's and Beverly's home, we look forward to returning to their home in years to come.

*Kathy Dupuis*, President SCCRA



*Thank You  
so very much  
Paul and Beverly*



*From Tom Malone's fertile imagination - A time-efficient method of evaluating and grading reports, tests, and assignments.*

## Social Committee Report

### The Great County Caravan of 2019

It was a beautiful, sunny day, when a group of intrepid travellers set out to explore a small part of Essex County, support local businesses, and maybe pick up some fresh tomatoes and sweet corn. We met in the wilds of Harrow to ponder a purchase at Priscilla's and drool over the superb selection of ice creams next door at Here's The Scoop. Pat was first in line to sample the delights. Priscilla's held an array of items to please all tastes, the hats were particularly fetching for Patricia and brought a few chuckles from Elsi, Kathy and Bill.

A short companionable walk took us to the British Isles via Blimeys, a small award winning business with unique wares sourced in the British Isles and Europe. Once again, the tweed hats were a source of giggles when modelled by Sue and Marilyn, and the variety of unique children's stuffed and extremely soft creatures had Mimi and Sue petting them all. Those of us with a sweet tooth and a penchant for steak and kidney pie checked out the frozen foods and the chocolate. Oh, the chocolate!



*Clowning for the camera from left - Speak No Evil - Frank Dupuis, Hear No Evil - Pat Hallahan, and See No Evil - Bill Totten*  
Photo: **Bill Totten**

the old Grove Hotel. The ambience added to our further enjoyment of the impending tour and lunch. We were welcomed by the manager who explained the "flights" of 3 beers we could sample, and 4 fearless caravaners took up the challenge with Frank giving us his expert opinion; much laughter ensued.

Split into two groups, we were very lucky because it was a brewing day, and the Master Brewer was in attendance to answer all our questions. Dick was congratulated by his tour group for not asking too many questions. We found out that once the beer making process was finished, the grain was baked into the Grove's burger buns and also used in several of their menu items.

Well-fed and hydrated, our caravaners walked up Main Street and were brought up short when Elsi, Pat, Bill and Ida dropped into Dutch Boys, a chocolate lovers paradise! Followed by several more of us, we filled the tiny shop and were amazed by the creations the chocolatier had to offer. Some of us, having not visited Kingsville in a while, were surprised at its variety and quaint feel.

Our last stop took us to Cindy's and a quick walk around led most of us, especially the guys, to the ice cream parlour, after all, we didn't have dessert with lunch. While enjoying our treats, we shared our enjoyment of the day and the surprises and the pleasure of sharing the experiences together. See you all on the next adventure. ✨

Contributed by **Patricia Taylor & Mimi McPhedran**



*Ice cream tasting experts "hard at work" from left - Susan Harte, Mimi McPhedran, Frank Dupuis, Patricia Taylor, and Sue McLelland.*  
Photo: **Bill Totten**

Back on the road again, we headed to the charming and increasingly popular town of Kingsville to meet two more caravaners, Dick and Tina. Our destination was The Grove Brew House, a local craft brewery and restaurant, for a tour and lunch.

Upon entering the restaurant, we were escorted to our tables that were located in the refurbished basement of

## Fundraising Report

- ❖ Ongoing donations from the Retiree membership to the Sportsplex/Healthplex now stand at \$38,329
- ❖ Amounts donated by SCCRA in 2019 currently total \$1150
- ❖ \$500 for two scholarships at \$250 each
- ❖ \$650 to sponsor a hole at SCC Woodland Hills Golf Course \*\*

Contributed by *Jim Chambers*



These days, many seniors take a number of medications to maintain their health. Someone recently suggested to me that seniors might consider posting on their refrigerator a list of their medications, including their name and OHIP number, and to let members of their family know about the list. Then, in an emergency, EMS personnel will have available to them vital information that is required at the hospital. It would be worth the effort if it results in saving a life.

### A Limerick to amuse

An epicure while dining at Crewe  
Once found a dead mouse in his stew,  
Said the waiter, "Don't shout,  
Or wave it about,  
Or the others will be wanting some too."



## Important Notice

To all SCCRA members, please be advised that as of May 1, 2019 my address will be changing to  
Marilyn Portt,  
208-5831 Newman Blvd., LaSalle ON N9J 0E1  
You can still contact me at 519-969-0693

*Marilyn*

## Annual Fall Social

Fall is around the corner and so is our Annual Fall Social. It is time to welcome all our new retirees and to reacquaint ourselves with old friends.

**Thursday, September 12th at 12:00 p.m.**

Further details will be forthcoming so watch for the e-mails. This event is very well attended each year and we look forward to greeting all our new retirees and catching up with everyone.

The Social Committee  
Patricia and Mimi

## The Pelican

A wonderful bird is the pelican,  
His bill holds more food than his belly can,  
He can take in his beak,  
Enough food for a week,  
But I'm darned if I know how the hell 'e can!



## The 12 Step Chocolate Lover's Diet

Never be more than 12 steps away from chocolate

Contributed by *Ken Garber*



## Attention All Retirees

If you believe that you are not receiving e-mails from the Retirees' Association, please send an e-mail with your name and phone number to [retireeassociation@stclaircollege.ca](mailto:retireeassociation@stclaircollege.ca) or call or e-mail a member of the Retirees' Association executive board listed on the last page of this newsletter so that we can investigate and remedy the situation.

# In Memoriam

*We remember the following Retirees/Full-time Staff who passed away during the period  
February 6, 2019 - August 1, 2019*



**Ruth Ann CLARKE** passed away April 27, 2019 at 81 years of age. Wife of St. Clair retiree **Edward (Ted) Clarke** for 62 years. Mother of Kevin (2003) and wife Judy (Windsor), Brad and Sue (Grand Bend), Gregg (Windsor) and Leslie and husband Cory Cookson (Windsor). Ruth was a former employee of St. Clair College Bookstore for 19 years.



**Ada BERTI** passed away on May 25, 2019 in Windsor, Ontario at 94 years. Ada was born in Italy and immigrated to Canada in her young twenties. Ada earned a Master's Degree in Library Science and worked at St. Clair College Library until her retirement. She is survived by her two sisters; Liliana and Anna.



**Anne K. SAUCHUK** passed away on May 18, 2019 at the age of 90. Daughter of William Sauchuk (1940) and Rose Sauchuk (1983) and sister of Natalie Taylor. Anne was a retired Nursing Instructor at St. Clair College.



**John James (Jack) McNaughton** passed away on May 28, 2019 at age 88. Predeceased by his wife, Jinny (2001), and father of six girls, one of whom was Judy (2018), wife of retiree **Jamie Wilson**. Jack was a retired teacher at St. Clair College. He was a proud retired Captain in the Royal Canadian Air Force where he served as an air traffic controller.



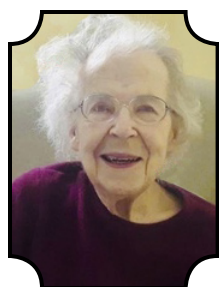
**Delfina Mary (Del) ZANGARI** (nee Sartori) passed away on May 20, 2019 at 87 years of age. Del was the wife of John Zangari, and the late Gilbert Dupuis (1975). She was the mother of Robert (Susan) Dupuis, the late David (2018) husband of Wendie, Gina (Richard) Cook and stepmother of John (Nicole), Richard (Betty), David (Sheila) and Jean Zangari. Delfina started working for St. Clair College in 1967 while it was still W.O.I.T. She was a secretary for many years, serving for a period as secretary for the President, Dr. Q. After receiving her degree, she moved to faculty where she taught in the Office Administration program, making many life-long friends. Upon retirement, Del became active with the St. Clair College Retirees' Association, serving as Newsletter Editor for many years.



**Eric August TAMM** passed away at the age of 88 on May 28, 2019. Loving husband to late Lily (2016), Eric was a long-time part-time teacher at St. Clair College.



**Richard "Rick" GIRARD** passed away on June 4, 2019. He leaves his wife Mary Jo and his children, Roddy (Carmela), Rick (Diane) and Carla. Rick was a caretaker at St. Clair College.



**Jeanne Warwick RANSOME** passed away on June 25, 2019 at the age of 97. She was mother to Susan and Paul Wright; and Kathleen Ransome and Frank Berends. Jeanne was long time teacher of English at St. Clair College, Windsor, Ontario.

*In life we loved them dearly,  
In death we love them still,  
In our hearts they hold a place  
That no one else can fill.*

# In Memoriam

*We remember the family members of Retirees/Full-time Staff who passed away during the period February 6, 2019 - August 1, 2019*

**Linda HOLMES** passed away on March 14, 2019. Linda was the wife of retiree **Dennis Holmes**.

**Norwell George BAIN** passed away on June 18, 2019 at the age of 88. Norwell was the husband for 58 years of retiree Penny Bain.

**Kenneth Roy General**, passed away at Iroquois Lodge on May 27, 2019, at age 90 years. Ken was the father of St. Clair Retiree Geraldine (Gerri) General (Pat).



## Remembering Del Zangari An Appreciation

*The following is a modified version of a newsletter article written in 2011 celebrating Del Zangari and the work she had done as the Retiree Association newsletter editor. It is being resubmitted at this time in memory of her passing in 2019.*

Delfina Sartori was born and raised in downtown Windsor where she attended a number of different one-room schoolhouses before eventually graduating from Gilmore Elementary School. Her family consisted of a father who was a labourer who worked in the cement industry and a mother who worked for a TV manufacturer. She also had a sister, who has since passed away, and two brothers.



As a daughter of immigrant Italian parents, “Del” was not encouraged to pursue formal education. After a few years at Kennedy Collegiate, she began looking for work, riding her bike “all around” the city filling out application forms. Not yet sixteen, few would even consider hiring her, but she eventually wore down one employer who referred her to International Playing Cards, where she worked as a “card inspector.”

Undeterred by her parents’ lack of encouragement, Del took night classes in secretarial training at W.D. Lowe High School, and was subsequently hired by Keith Studman at WOIT. She also worked as a secretary for

Bill Geraedts in Technical Arts and Trades and for Doug Austin in the Business Programs Department. In the late 1970s, Del began teaching in the Secretarial Department, reporting to Toli Sapoleff, where she remained until her retirement in the late 1990s.

Del had three children and six grandchildren. Sadly, Del’s first husband passed away in 1975. However, this loss motivated her to participate in the Canadian Mental Health Association’s Widow/ Widower Support Group. This experience proved to be life changing for her. Not only did she subsequently chair this group for a number of years, it is where she met John Zangari, who would eventually become her husband.

Del was, by all accounts, a warm and loyal friend and dedicated and conscientious employee. We offer our sincerest condolences to her husband, John, to the rest of her family, and to her cherished former colleagues. ✨

### *There Is No Night Without A Dawn*

*No winter without a spring  
And beyond the dark horizon  
Our hearts will once more sing ....  
For those who leave us for a while  
Have only gone away  
Out of a restless, care worn world  
Into a brighter day*

*Helen Steiner Rice*

## Executive 2018 -2019

<b>Past-President</b>	- Cindy Bissonnette
<b>President</b>	- Kathy Dupuis
<b>Vice-President</b>	- Susan McLelland
<b>President Emeritus</b>	- Bill Totten
<b>Secretary</b>	- Lyn Medler
<b>Treasurer</b>	- Jim Chambers
<b>Membership</b>	- Marilyn Portt
<b>Chatham Rep.</b>	- Elizabeth Barr
<b>Communications</b>	- Pat Hallahan
<b>Social</b>	- Mimi McPhedran & - Patricia Taylor
<b>Fundraising</b>	- Jim Chambers
<b>Newsletter</b>	- Tony Ellul
<b>Goodwill</b>	- Lori Caba
<b>Board Observer</b>	- Bill Jones
<b>OCRA Rep.</b>	- Jim Martin

SCCRA Telephone Number/Voice Mail -  
519-972-2727 Ext. 4439

SCCRA e-mail address  
[retireeassociation@stclaircollege.ca](mailto:retireeassociation@stclaircollege.ca)  
[retirees@stclaircollege.ca](mailto:retirees@stclaircollege.ca)

SCCRA Website -  
[www.stclaircollege.ca/retirees.html](http://www.stclaircollege.ca/retirees.html)

## Upcoming Events

1. Tuesday, September 10, 2019 at 1:00 p.m.  
Bridge Club resumes - Roseland Golf Club
2. Thursday, September 12, 2019 at 12:00 p.m.  
Annual Fall Harvest Social  
Details to be announced by e-mail
3. Wednesday, September 25, 2019 at 11:30 a.m.  
Windsor-Chatham Luncheon - Bayside Restaurant
4. Wednesday, October 23, 2019 at 10:00 a.m.  
OCRA AGM - St. Clair Centre for the Arts
5. Thursday October 24, at 9:30 a.m. - Retiree Golf  
Woodland Hills - **Last Day**
6. Wednesday, October 30, 2019 at 11:30 a.m.  
Chatham Luncheon - Tru's Grillhouse, Chatham

For the Retirees' Association  
Quarterly Calendar of Events  
and listing of activities  
visit our calendar webpage at

<http://www.stclaircollege.ca/retirees/calendar.html>

## Have you changed your address?

Please update your address to continue receiving the Retirees' Association information.  
We **do not share** your contact information with anyone.

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
Street/Apt. City Postal Code

E-mail address: \_\_\_\_\_

Mail to: St. Clair College Retirees' Association, Box 41, 2000 Talbot Road, Windsor, ON N9A 6S4 or  
E-mail to: [retireeassociation@stclaircollege.ca](mailto:retireeassociation@stclaircollege.ca)